

## RSOBHD 2022 CHAMPIONSHIP STEPS

**Note 1. The order of the steps *MUST* be followed as listed below.**

	<b>7 &amp; under 12 years</b>	<b>12 &amp; under 16 years</b>	<b>16 years &amp; over</b>
<b>FLING</b>	1 <sup>st</sup> Step: Shedding 5 <sup>th</sup> Step Alternative: Second Back-Stepping 6 <sup>th</sup> Step: Cross-over 8 <sup>th</sup> Step: Last Shedding	1 <sup>st</sup> Step: Shedding 5 <sup>th</sup> Step Alternative: Second Back-Stepping 3 <sup>rd</sup> Step: Toe-and-Heel 4 <sup>th</sup> Step: Rocking 6 <sup>th</sup> Step 1 <sup>st</sup> Alternative: Cross-over 8 <sup>th</sup> Step: Last Shedding	1 <sup>st</sup> Step: Shedding 2 <sup>nd</sup> Step: First Back-Stepping 3 <sup>rd</sup> Step: Toe-and-Heel 4 <sup>th</sup> Step: Rocking 6 <sup>th</sup> Step 2 <sup>nd</sup> Alternative: Cross-over with Pause 8 <sup>th</sup> Step: Last Shedding
<b>SWORD</b>	Intro: 6 count bow and place on half point 1 <sup>st</sup> Step: Addressing the Swords 4 <sup>th</sup> Step: Pointing (alternative ending) 8 <sup>th</sup> Step Alternative Method Bar 1: Crossing and Pointing	Intro: 6 count bow and place on half point 1 <sup>st</sup> Step: Addressing the Swords 4 <sup>th</sup> Step: Pointing 6 <sup>th</sup> Step: Reverse Points 8 <sup>th</sup> Step: Crossing and Pointing	Intro: 6 count bow and place on half point 1 <sup>st</sup> Step: Addressing the Swords 4 <sup>th</sup> Step: Pointing 6 <sup>th</sup> Step: Reverse Points 8 <sup>th</sup> Step: Crossing and Pointing
<b>SEANN TRIUBHAS</b>	Intro: Alternative 1 <sup>st</sup> Step: Brushing 2 <sup>nd</sup> Step: Side Travel 9 <sup>th</sup> Step: Entrechat and Shedding 16 <sup>th</sup> Step: Heel-and-Toe and Shedding Finish: Method 1	Intro: Alternative 1 <sup>st</sup> Step: Brushing 2 <sup>nd</sup> Step: Side Travel 5 <sup>th</sup> Step: Travelling Balance 9 <sup>th</sup> Step: Entrechat and Shedding 15 <sup>th</sup> Step: Pointing and Back-Stepping 16 <sup>th</sup> Step: Heel-and-Toe and Shedding Finish: Method 1	Intro: Alternative 1 <sup>st</sup> Step: Brushing 2 <sup>nd</sup> Step: Side Travel 5 <sup>th</sup> Step: Travelling Balance 8 <sup>th</sup> Step: Leap and Shedding 15 <sup>th</sup> Step: Pointing and Back-Stepping 16 <sup>th</sup> Step: Heel-and-Toe and Shedding Finish: Method 2
<b>STRATHSPEY AND HIGHLAND REEL</b>	Introduction: Basic Ending: Basic 2 <sup>nd</sup> Step: First Back-Stepping 4 <sup>th</sup> Step: Rocking (finish 2 rocks) Ending: Assemble, change 8 <sup>th</sup> Step: Assemble and Travel Last Step: High Cutting	Introduction: Basic Ending: Basic 2 <sup>nd</sup> Step: First Back-Stepping 6 <sup>th</sup> Step: Cross-over Ending: Assemble, change 2 <sup>nd</sup> Step: Shake and Travel Last Step: High Cutting	Introduction: Basic Ending: Basic 5 <sup>th</sup> Step Alternative: Second Back-Stepping 6 <sup>th</sup> Step: Cross-over Ending: Assemble, change 2 <sup>nd</sup> Step: Shake and Travel Last Step: High Cutting

## ABHDI CHAMPIONSHIP RULES

1. This competition is registered with (insert State/Regional competition number and ABHDI championship number) and will be conducted under the rules and conditions as set down by RSOBHD and as adopted by ABHDI.
2. Teachers, interested parties or any other unauthorised person must not communicate with Judges during the Championships. All enquiries to the official table.
3. A competitor who has taken part in any so called Championship not recognised by the Board or any person who has acted as a judge at such an event, shall be ineligible to compete or judge in any recognised Championship or Competition under RSOBHD rules until given permission to do so by the Board. Such permission may be withheld for as long as a Board may decide.
4. According to RSOBHD rules, there must be at least six entries in advance of the competition date, and at least six of these must take part on the day for the Championship to go ahead. In the event of less than six competitors dancing in any one championship, section will be danced but the Championship will not be recognised. No certificate, trophy or sash will be presented, but individual prize money will be paid.
5. Competitors do not have to remain in the marshalling area but must return for the correct order of ballot. The onus is on the competitor to return in time for the correct order of ballot. (ABHDI Technical 5/10/85 P 3 ratified ABHDI 6/10/85 P 8).
6. Any complaint made by an individual against the organisation or adjudication of an event, must be made in writing giving the complainants full name and address, and shall be lodged with the Organiser, if possible, on the day of the event, certainly not later than 48 hours after the event. Such complaint to be accompanied by a fee as determined by the ABHDI which is refundable if protest upheld.
7. All placegetters in Championships are to be dressed in **KILT** for trophy presentation.
8. Judges' decision is final and no correspondence will be entered into.
9. With the advent of electronic recording equipment there be no restrictions on the usage of electronic recording equipment provided permission is obtained from the organisers and judges and it does not interfere with the smooth organisation of the competition/premiership or in any way restrict the view of the judge/s.
  - a. Following the awards parents may photograph their own child or others with parental permission but be highly aware that there must not be other children in shot whose privacy must be protected.
  - b. (If applicable) As organisers of this event, we plan to photograph winning competitors for the purpose of posting on our Website or Facebook page. Please indicate if you wish to opt out of this process.
  - c. That judges and organisers should bear in mind that the judge's decision is final and cannot be subjected to an electronic recording equipment replay.
10. Child protection/Well-being of Dancers. All participants will seek to ensure the health & well-being of the dancer at all times. Organisers will have a child protection policy, adhere to national child protection policy, provide a safe environment, and suitable programming of events to ensure sufficient recovery time for the dancers.