



2022 SCOTTISH NATIONAL DANCE PREMIERSHIP STEPS

(RSOBHD “Scottish National Dances for RSOBHD Competitions and Scottish National Dance Premierhips” book published November 2020)

Note 1. Unless stipulated, any introduction may be danced. Male dancers must dance male introductions.

Note 2. Unless stipulated, any breaks may be danced in the Sailors’ Hornpipe.

Note 3. Where applicable Male Dancers must dance male methods and use stipulated arms for males.

Note 4. The order of the steps **MUST** be followed as listed below, however, dances may be danced in any order.

	7 & under 12 years	12 & under 16 years	16 years & over
SAILORS’ HORNPIPE	Intro: Alternative 1 st Step: Circle with Polka 2 nd Step: Shuffle over the Buckle 12 th Step: Rocking 16 th Step: High Cutting	Intro: Alternative with Break A 1 st Step: Circle 2 nd Step: Shuffle over the Buckle 3 rd Step: Diagonal Travel 8 th Step: Crab Walk 16 th Step: High Cutting	Intro: Alternative with Break A with shakes 1 st Step: Circle 2 nd Step: Shuffle over the Buckle 3 rd Step: Diagonal Travel 15 th Step: Forward Crab Walk 16 th Step: High Cutting
EARL OF ERROL	1 st Step: Circle and Point 3 rd Step: Hop and Travel 4 th Step: Balance 6 th Step: Single Treble	1 st Step: Circle and Point 3 rd Step: Hop and Travel 5 th Step: Double Treble (Turning) 6 th Step: Single Treble	1 st Step: Circle and Point 2 nd Step: Double Treble 4 th Step: Balance 6 th Step: Single Treble
SCOTCH MEASURE	1 st Step Alternative: Hop and Travel 3 rd Step: Plié and Turn 5 th Step Alternative: Pas de Basque Derrière 6 th Step: Second Hop and Travel (Female) 6 th Step 1 st Alternative: Second Hop and Travel (Male)	1 st Step Alternative: Hop and Travel 3 rd Step: Plié and Turn 4 th Step: Skip Change of Step 6 th Step: Second Hop and Travel (Female) 6 th Step 2 nd Alternative: Second Hop and Travel (Male)	1 st Step Alternative: Hop and Travel 4 th Step: Skip Change of Step 5 th Step Alternative: Pas de Basque Derrière 6 th Step: Second Hop and Travel (Female) 6 th Step 3 rd Alternative: Second Hop and Travel (Male)
SCOTTISH LILT	1 st Step: Circle 2 nd Step Alternative: Balance 3 rd Step: Assemble 8 th Step: Round-the-Leg	1 st Step: Circle 5 th Step: Forward Travel 7 th Step 2 nd Alternative: Brushing 8 th Step 1 st Alternative: Round-the-Leg	1 st Step: Circle 4 th Step: Pas de Basque 7 th Step 2 nd Alternative: Brushing 8 th Step 1 st Alternative: Round-the-Leg

26th May 2021